

TSUNAMI

FALL RETREAT 2010

Important Information:

Who: Middle School and High School Youth

Where: Look-Up Lodge Retreat Center in
Travelers Rest, SC (Near Greenville)

When: Friday, October 22nd Meet at 4:30pm
Sunday, October 24th Back at 2:00pm

Cost: **\$130 per person**

\$65 Deposit Due by Sunday, Aug. 29th

\$65 Balance Due by Sunday, Sept. 26th

Bring \$ for **two** meals Traveling

- If your child wants to play **PAINTBALL**, please include **\$10 extra** to cover the cost. *Must be 12 years old to play!!*

Scholarships and Payment Plans Available

**PLEASE TURN IN THE MEDICAL RELEASE FORM
ALONG WITH YOUR DEPOSIT.**



Student Medical Release Form

Church Name	
Participants Name	
Home Phone #	
Emergency Phone #	
Insurance Information	
Policy #	

I, _____, as the legal guardian of _____ give permission to him/her to participate in the Tsunami Ministries Fall Experience 2009. I will not hold Tsunami Ministries, or its staff, responsible for any mishaps that might occur to the above named participant. I understand that Tsunami Ministries, and its staff, will make every effort to provide my child with a safe experience. In the event of an accident, I grant permission to a responsible adult staff member of Tsunami Ministries or one of my child's adult leaders to accompany him/her to obtain the necessary medical attention.

I also grant Tsunami Ministries permission to handle any discipline problem with appropriate measures. This may result in arrangements for my child to leave the event. These actions do not include striking or belittling the child.

Should the participant fail to comply with the rules, and continue to be a distraction to their group and the other groups, I may be asked to come and get my child.

Printed Name of Parent/Guardian

Date

Signature of Parent/Guardian: _____



What To Bring:

Sleeping bag or other bedding, Pillow, Light Jacket, Walking Shoes, Flashlight, Towels, Bathing Suit, Casual & Appropriate Clothing, Bible, Toiletries, Money for Tsunami Apparel & Concessions, Sunglasses.

If you are playing "Paintball" you MUST be at least 12 years of age by the date of the weekend, and the cost is an additional \$10. Paintballers MUST wear long pants and a long-sleeve shirt. They may bring their own protective gear, but may NOT bring their own paintball gun or paint.

What NOT to Bring:

Weapons of any type, fireworks, skateboards, heelys, roller blades, scooters, snipes, hand grenades, drugs, tobacco products, alcohol or other illegal drugs. Do not bring expensive items that you do not want damaged or stolen. Don't bring your paintball gun or paint.

Things To Do During FX2010 Free-Time:

- ◆ Extreme Competition (friendly church tournament that includes: 7-on-7 Touch Football, 3-on-3 Basketball, 6-on-6 Volleyball, Hose Wrestling, Soccer, Guitar Hero, Obstacle Course, 1-Mile Run, & 7-on-7 Ultimate Frisbee.
- ◆ The winning church will receive the FX2010 Extreme Competition Trophy!
- ◆ Paintball: Please email your preliminary paintball numbers 1 week prior.
 - ◆ BIG Swing, Zip Line & Water Slide
 - ◆ Rock Climbing Wall
 - ◆ Hang out with your friends and your new friends.
- ◆ Other waterfront activities managed by the retreat center

Tsunami Apparel & Concession

Tsunami T-Shirts are available for \$12 each & Sweatshirts are \$20
Concession: Soft Drinks - \$1; Candy Bars - \$1; Water & Gatorade - \$1.00; Chips - \$.50; Gum - 3 for \$.25.

Checks are made payable to: Tsunami Ministries, Inc.